














































# SEQUOIA CALENDAR: JUNE 2026

MONDAY	TUESDAY	WEDNESDAY
<b>1</b> 11-11:50 Exercise with Aliza 	<b>2</b> 11 - 11:50 Exercise with Vickie   12- 1 Support Group with Adina  1 - 2:30 Gevuros 	<b>3</b> 11 - 12 Current Events with Gerry   12 - 12:30 Lunch  12:30 - 2 Dance with Dario 
<b>8</b> 11-11:50 Exercise with Aliza 	<b>9</b> 11 - 11:50 Exercise with Vickie   12- 1 Support Group with Adina  1 - 2:30 Gevuros 	<b>10</b> 11 - 12 Current Events with Gerry   12 - 12:30 Lunch  12:30 - 2 Dance with Dario 
<b>15</b> 11-11:50 Exercise with Aliza 	<b>16</b> 11 - 11:50 Exercise with Vickie   12- 1 Support Group with Adina  1 - 2:30 Gevuros 	<b>17</b> 11 - 12 Current Events with Gerry   12 - 1 Cheder Boys Choir  1 - 2 Chair Yoga  
<b>22</b> 11-11:50 Exercise with Aliza 	<b>23</b> 11 - 11:50 Exercise with Vickie   12- 1 Support Group with Adina  1 - 2 Jewish Philosophy with Rabbi Kronenberg  	<b>24</b> 11 - 12 Current Events with Gerry   12 - 12:30 Lunch  12:30 - 2 Dance with Dario 
<b>29</b> 11-11:50 Exercise with Aliza 	<b>30</b> 11 - 11:50 Exercise with Vickie   12- 1 Support Group with Adina  1 - 2:30 Gevuros 	 ON ZOOM  AT CLUB SEQUOIA

JOIN ON ZOOM: <https://zoom.us/j/382180690>

JOIN BY PHONE: 929-436-2866  
meeting ID: 382180690

TRANSPORTATION: 973-777-7638 ext. 0  
8:30 - 9 AM THE MORNING YOU WOULD LIKE  
TO REQUEST TRANSPORTATION



### QUESTIONS?

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